

| CAL MARITIME   |           |                      |                          | JOB SAFETY ANALYSIS       |                      |                         |             |                         |                              |     |           |      |           |       |       |                  |                  |   |          |   |
|----------------|-----------|----------------------|--------------------------|---------------------------|----------------------|-------------------------|-------------|-------------------------|------------------------------|-----|-----------|------|-----------|-------|-------|------------------|------------------|---|----------|---|
| FACULTY MEMBER |           |                      |                          | SAFE OPERATING GUIDELINES |                      |                         |             |                         |                              |     |           |      |           | 2017  |       |                  |                  |   |          |   |
|                |           | HAZ                  | ARD POTEN                | ITIAL                     | EVALU                | JATION                  |             | ERGONOMICS ASSESSMENT   |                              |     |           |      |           |       |       |                  |                  |   |          |   |
|                |           | ⊠Struck By           |                          |                           | ☐Weather Conditions  |                         |             | ⊠Lifting                |                              |     | М         | F    | ⊠Walking  | L     | М     | F                | ⊠Kneeling        | L | М        | F |
|                |           | ✓Struck Against □    |                          |                           |                      | ☐Hazardous Substance    |             |                         | ⊠Carrying                    |     |           |      | ⊠Standing | L     | M     | F                | ⊠Hearing/Noise   | L | М        | F |
|                |           | ⊠Slip/Tri            | p/Fall                   | ☐Electrical Hazards       |                      |                         | ⊠Reaching A | L                       | М                            | F   | ⊠Sitting  | L    | М         | F     |       | L                | М                | F |          |   |
| 1 pp           |           |                      |                          |                           |                      | n □Obstruction/Confined |             |                         | ☐Straight Pulling            |     |           |      | ⊠Crawling | L     | М     | F                |                  | L | М        | F |
|                |           | ☑Material Handling □ |                          |                           | □Equipment Operating |                         |             | ☐Pulling hand over hand |                              |     | М         | F    |           |       | М     | F                | ⊠Simple Grasp    | L | M        | F |
| HIRAC 1        |           |                      | 1                        | 2                         | 3 4                  |                         | ⊠Dual Grasp |                         | L M F                        |     | F         |      |           | М     | F     | ☑Repeated Motion | L                | M | F        |   |
|                |           |                      |                          |                           |                      |                         | TF          | RAINING RE              | QUIREMENTS                   |     |           |      |           |       |       |                  |                  |   |          |   |
| GENERAL CAMPUS |           |                      |                          | DEPARTMENT SPECIFIC       |                      |                         |             |                         |                              |     | SPECIALTY |      |           |       |       |                  |                  |   |          |   |
|                |           |                      |                          | )                         | (I                   |                         | (           |                         |                              |     | +         |      |           |       |       |                  |                  | S |          | ) |
| Cal Maritime   | EHS Pocke | et Guide             | Emergency<br>Response Gu |                           | Depa                 | rtment                  | Au          | thorized Driver         | Ergonomics<br>RMI Prevention | Fir |           | asic | Marir     | ne Pr | ogram | s                | T.S. Golden Bear |   | ntified, |   |

<u>I A O H I A O</u> DO NOT USE ANY EQUIPMENT OR MACHINE UNLESS YOU HAVE RECEIVED INSTRUCTION IN THE SAFE USE AND OPERATION AND HAVE AUTHORIZATION TO USE.

## PERSONAL PROTECIVE EQUIPMENT







**Response Guide** 







**RMI Prevention** 



First Aid/CPR/AED







Determined

| Eye<br>Protection   | Foot<br>Protection   | Hand<br>Protection   | Hearing<br>Protection  | Body<br>Protection  | Head<br>Protection   | Respiratory<br>Protection   | Fall<br>Protection  | Face Shield   | OTHER |
|---|--|--|--|---|--|---|---|---|-------|
| When exposed to eye or face hazards from flying particles, molten metal, liquid chemicals, acids or caustic liquids, chemical gases or vapors, or potentially injurious light radiation | When working in areas where there is a danger of foot injuries due to falling or rolling objects, or objects piercing the sole, or will protect the affected | When hands are exposed to hazards such as those from skin absorption of harmful substances; severe cuts or lacerations; severe abrasions; punctures; | When exposed to a time weighted average noise level of 85 dBA or higher over an 8 hour work shift. | When exposure to: Intense heat, hot metals, other hot liquids Impacts from materials that can cut, burn Hazardous chemicals Or potentially infectious materials | Where there is a potential for injury to the head from falling objects and/or when there is a risk of impact to head | May be required if removal of contaminants from the air does not fall below permissible exposure level. | When there is a risk of falling from a height greater than 4ft GSO 6ft CSO 6ft MSO When working in confined space | Face shield can<br>be used over<br>the glasses if<br>there is a<br>presence of a lot<br>of flying debris. |       |
|   | IF CONDI   | chemical burns   | TOP WORK IMME  | DIATELY-REVIEW  | WITH SUPERVISO   | R-DOCUMENT H  | AZARD-REVIEW W  | /ITH SRM  |       |

(L) Low <2hrs (M) Moderate 2-5hrs (F) Frequent >5hrs per 8-hours (I) Initial (A) Annual Refresher (O) Occasion/Post Incident (H) Hazard Training

Ergonomic



## **JOB SAFETY ANALYSIS**

|    | GENERAL CAMPUS SAFE OPERATING PROCEEDURES                  |          |   |                 |  |  |  |  |  |
|----|--|----------|---|-----------------|--|--|--|--|--|
|    | WORK DUTIES  |          | HAZARD POTENTIAL  |                 | HAZARD CONTROLS & PROTECTION MEASURES  |  |  |  |  |
| 1  | Use of office equipment                                    |          | Electrocution, electrical shock, bruising and miscellaneous injuries  | Fr Fr           | Ensure all electrical equipment is properly grounded. (i.e. three prong electrical plugs) and in proper working order before using. Strictly follow all manufactures precautions and recommendations.  DO NOT overload circuits by stringing multiple power strips (also known as daisy chaining)                      |  |  |  |  |
| 2  | Using ladders or step-ladders                              | 甩        | Ladder collapsing; Slipping and falling from ladder   | Fix Fix Fix Fix | Inspect ladder before use. Use ladder at proper height.  Make sure the ladder in assembled, locked and on level ground.  DO NOT exceed weight limit for ladder.  DO NOT stand on the top or top rung of ladder and make sure a co-worker is holding ladder if any higher than a step-ladder.                           |  |  |  |  |
| 3  | Work Station   |          | Muscle-skeletal disorders, eye/body strain and fatigue  | Pr Pr Pr        | Ensure workstation is ergonomically correct for the person using the workstation.  Ensure proper lighting so that there isn't a glare in order to prevent eye strain.  Review phone placement and accessories so that operator is sitting square and limiting excessive head/neck tilt in order to prevent neck strain |  |  |  |  |
| 4  | Office Furniture   | (A)      | Falling objects   | **              | Ensure all doors and drawers are fully secured. Do not overload shelves.  Ensure bookcases are seismically strapped/secure to wall to prevent tipping over.  |  |  |  |  |
| 5  | Walking in<br>offices, buildings<br>hallways and<br>stairs | K X      | Slips, trips and falls  | Fr Fr           | Ensure all walking and working surfaces have been properly maintained, properly lit, are free of debris and remove potential tripping hazards.  Use handrails when using stairs.  Note: No opened toed footwear is allowed in food operations  Note: No opened toed footwear is allowed on T.S. Golden Bear            |  |  |  |  |
| 6  | Campus<br>Construction<br>Activities                       | <b>.</b> | Pedestrians knocking over ladders or lights or bumping into worker; pedestrians getting hit with equipment or falling tools, etc. | Fr Fr           | Always be aware of surroundings. Stay away from construction zones.  |  |  |  |  |
| 7  | Working outside in Weather                                 |          | Heat stroke, heat exhaustion, frostbite   | P. 8            | Dress appropriately for the weather, keep hydrated, and take necessary breaks when needed  |  |  |  |  |
| 8  | Heaving lifting and reaching                               |          | Overexertion, strains and sprains   | 好好好             | Use proper lifting techniques, limit duration of repetitive motion.  Always know your weight limit, lift with your legs, get help if needed.  Use step ladders when lifting objects above shoulder height.   |  |  |  |  |
| 9  | Campus   | 次久       | Personal safety and security  | ₩ ₩             | Always be aware of your surroundings. Changing weather conditions can increase slip hazards throughout the campus  |  |  |  |  |
| 10 | Operating university vehicles                              |          | Motor vehicle accident, striking a pedestrian or bicyclist  | Fr Fr Fr        | Inspect vehicles before use. Use seat belts. Travel at safe speed for conditions. Stay alert for pedestrians, other vehicles, and objects in travel path.  |  |  |  |  |



## **JOB SAFETY ANALYSIS**

|             | POSITION SPECIFIC SAFE OPERATING PROCEEDURES |                   |  |                 |   |  |  |  |  |  |
|-------------|--|-------------------|--|-----------------|---|--|--|--|--|--|
| WORK DUTIES |  |                   | HAZARD POTEN   | TIAL            |   | HAZARD CONTROLS & PROTECTION MEASURES  |  |  |  |  |
| 1           | General<br>Classroom                         |                   | Office related hazards, sl<br>and fall potential. Cleanic<br>chemicals. Emergency ev | ng              | **                                      | person to trip and fall. Er<br>Review material safety d  | ment is kept clean and free from obstacles that may cause a nsure classroom has adequate lighting.  ata sheets if using chemicals in the classroom assembly points to the facility.  |  |  |  |
| 2           |  |                   |  |                 | ž                                       |  | ,  |  |  |  |
| 3           |  |                   |  |                 | £                                       |  |  |  |  |  |
|             |  |                   |  |                 | Ž.                                      |  |  |  |  |  |
| 4           |  |                   |  |                 |   |  |  |  |  |  |
| 5           |  |                   |  |                 | ž                                       |  |  |  |  |  |
| 6           |  |                   |  |                 | £                                       |  |  |  |  |  |
| 7           |  |                   |  |                 | £                                       |  |  |  |  |  |
|             |  |                   |  |                 | å                                       |  |  |  |  |  |
| 8           | CORE   | THE TRAINING      | G REQUIREMENTS   |                 |   |  | ADDITIONAL NOTES   |  |  |  |
|             | <b>A</b>                                     | Basic First Aid / | I  | A O A O A O A O | H # # # # # # # # # # # # # # # # # # # | classrooms. In the event<br>designated safe zones.<br>Faculty personnel assign<br>required to don applical | necific PPE is required for faculty personnel assigned land base to conditions require PPE, personnel will be relocated to med to laboratories, shops, Marina and/or TSGB, will be ble PPE relative to the hazards associated with the coursework. The med to the T.S. Golden Bear will be required to wear sturdy |  |  |  |
|             |  |                   |  |                 |   | EVIEW WITH SUPERVISOR-E  | DOCUMENT HAZARD-REVIEW WITH SRM  |  |  |  |
|             |  | MERGENCY RE       |  |                 |   |  | HOUSEKEEPING & SECURITY  |  |  |  |
| 1           | First Aid Kit                                | Located i         | n buildings  | 1               |   | the work area/site Clean?  | Ensure work area is clean daily and that any hazardous materials are properly disposed of daily  |  |  |  |
| 2           | AED  | Located i         | cated in all main buildings  |                 |   | the work area/site<br>cure?  | Ensure lights are turned off and building is locked upon exiting work for the day.   |  |  |  |
| 3           | Emergency phone<br>Evacuation                | TBD base          | mpus Police- 707-654-1111 or 911 D based on Facility & Emergency                     |                 |   |  |  |  |  |  |
|             | REMINDER: IMMED                              | NATELY REPOR      | RT ALL INCIDENTS, REGARD   | DLESS OF S      | SEVER                                   | ITY, TO YOUR SUPERVISOR  | AND THE DEPARTMENT OF SAFETY & RISK MANAGEMENT.  |  |  |  |