

CAL MARITIME								JO	B HAZA	RI) /	41	NAL	YSI	5						
GROUNDSKEEPER				SAFE OPERATING GUIDELINES												2017					
		HAZ	ARD POTE	NTIAL	EVALU	ATION		ERGONOMICS ASSESSMENT													
	X	Struck E	Зу	⊠V	Weather Conditions			⊠Lifting	L	M	F	⊠Walki	ng L	M	F	⊠Kneeling		L	M	F	
.6.	X	Struck A	Against	st 🗵 Hazardous			e	⊠Carrying	L	M	F	⊠Stand	ing L	M	F	☐Hearing/Noise		L	М	F	
		Slip/Trip/Fall SCaught In/Between			Electrical Hazards			⊠Reaching A	L	M	F	⊠Sittin	g L	М	F	⊠Climbing Stairs		L	M	F	
(11	X				bstructio	n/Confine	ed	⊠Straight Pu	L	M	F	⊠Crawl	ing L	M	F	⊠Climbing Ladder	rs	L	М	F	
'//		Material Handling 🗵			Equipment Operating			☑Pulling han	L	M	F	⊠Twisti		M	F	Simple Grasp In the second seco	_	L	M	F	
	HI	IRAC		1	1 2 3 4			⊠Dual Grasp			M	F	⊠Pushi	ng L	M	F	☑Repeated Motio	n	L	M	F
							TR	RAINING RE	QUIREMENTS												
GENERAL CAMPUS						DEP	ART	MENT SPEC	CIFIC						SP	ECI	ALTY				
							(+			(S)				(P		
Cal Maritime	EHS Pocket	Guide	Emergen Response G	Department Au			Aut	thorized Driver	Ergonomics RMI Prevention	Basic First Aid/CPR/AED				Marine Programs			T.S. Golden Bear		As Identified/ Determined		
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DO NOT USE ANY EQUIPMENT OR MACHINE UNLESS YOU HAVE RECEIVED INSTRUCTION IN THE SAFE USE AND OPERATION AND HAVE AUTHORIZATION TO USE.

PERSONAL PROTECIVE EQUIPMENT





















Eye Protection	Foot Protection	Hand Protection	Hearing Protection	Body Protection	Head Protection	Respiratory Protection	Fall Protection	Face Shield	OTHER
When exposed to eye or face hazards from flying particles, molten metal, liquid chemicals, acids or caustic liquids, chemical gases or vapors, or potentially injurious light radiation	When working in areas where there is a danger of foot injuries due to falling or rolling objects, or objects piercing the sole, or will protect the affected	When hands are exposed to hazards such as those from skin absorption of harmful substances; severe cuts or lacerations; severe abrasions; punctures;	When exposed to a time weighted average noise level of 85 dBA or higher over an 8 hour work shift.	When exposure to: Intense heat, hot metals, other hot liquids Impacts from materials that can cut, burn Hazardous chemicals Or potentially infectious materials	Where there is a potential for injury to the head from falling objects and/or when there is a risk of impact to head	May be required if removal of contaminants from the air does not fall below permissible exposure level.	When there is a risk of falling from a height greater than 4ft GSO 6ft CSO 6ft MSO When working in confined space	Face shield can be used over the glasses if there is a presence of a lot of flying debris.	
	IE CONDI	chemical burns	TOD WORK INAM	DIATELY DEVIEW	WITH CHREDVICE	D DOCUMENT II	AZADO DEVIENZA	/ITH CDM	

(L) Low <2hrs (M) Moderate 2-5hrs (F) Frequent >5hrs per 8-hours Ergonomic

Training

(I) Initial (A) Annual Refresher (O) Occasion/Post Incident (H) Hazard



JOB HAZARD ANALYSIS

	GENERAL CAMPUS SAFE OPERATING PROCEEDURES									
	WORK DUTI	ES	HAZARD POTENTIAL		HAZARD CONTROLS & PROTECTION MEASURES					
1	Use of office equipment		Electrocution, electrical shock, bruising and miscellaneous injuries	Fr Fr	Ensure all electrical equipment is properly grounded. (i.e. three prong electrical plugs) and in proper working order before using. Strictly follow all manufactures precautions and recommendations. DO NOT overload circuits by stringing multiple power strips (also known as daisy chaining)					
2	Using ladders or step-ladders	甩	Ladder collapsing; Slipping and falling from ladder	Fix Fix Fix Fix	Inspect ladder before use. Use ladder at proper height. Make sure the ladder in assembled, locked and on level ground. DO NOT exceed weight limit for ladder. DO NOT stand on the top or top rung of ladder and make sure a co-worker is holding ladder if any higher than a step-ladder.					
3	Work Station		Muscle-skeletal disorders, eye/body strain and fatigue	Pr Pr Pr	Ensure workstation is ergonomically correct for the person using the workstation. Ensure proper lighting so that there isn't a glare in order to prevent eye strain. Review phone placement and accessories so that operator is sitting square and limiting excessive head/neck tilt in order to prevent neck strain					
4	Office Furniture		Falling objects	**	Ensure all doors and drawers are fully secured. Do not overload shelves. Ensure bookcases are seismically strapped/secure to wall to prevent tipping over.					
5	Walking in offices, buildings hallways and stairs	K K	Slips, trips and falls	\$ \$ \$	Ensure all walking and working surfaces have been properly maintained, properly lit, are free of debris and remove potential tripping hazards. Use handrails when using stairs. Note: No opened toed footwear is allowed in food operations Note: No opened toed footwear is allowed on T.S. Golden Bear					
6	Campus Construction Activities	.	Pedestrians knocking over ladders or lights or bumping into worker; pedestrians getting hit with equipment or falling tools, etc.	Fr Fr	Always be aware of surroundings. Stay away from construction zones.					
7	Working outside in Weather		Heat stroke, heat exhaustion, frostbite	P. 8	Dress appropriately for the weather, keep hydrated, and take necessary breaks when needed					
8	Heaving lifting and reaching		Overexertion, strains and sprains	好好好	Use proper lifting techniques, limit duration of repetitive motion. Always know your weight limit, lift with your legs, get help if needed. Use step ladders when lifting objects above shoulder height.					
9	Campus	次久	Personal safety and security	₩ ₩	Always be aware of your surroundings. Changing weather conditions can increase slip hazards throughout the campus					
10	Operating university vehicles		Motor vehicle accident, striking a pedestrian or bicyclist	Fr Fr Fr	Inspect vehicles before use. Use seat belts. Travel at safe speed for conditions. Stay alert for pedestrians, other vehicles, and objects in travel path.					



JOB HAZARD ANALYSIS

	POSITION SPECIFIC SAFE OPERATING PROCEEDURES									
	WORK DUTIES	S	HAZARD POTENTIAL		HAZARD CONTROLS & PROTECTION MEASURES					
1	Working in offices, buildings or storage containers	<u>^</u>	Slips, Trips and Falls	#-y #-y	Ensure all walking and working surfaces have been properly maintained, properly lit and free of debris and remove potential tripping hazards. Use handrails when using stairs.					
2	Using motorized electrical tools & equipment		Electric shock, getting caught in equipment, cuts from sharp edges, Burns, electrocution, , dismemberment, broken bones, hearing loss, blisters and struck by foreign objects	Fr Fr Fr	Ensure tool/equipment is in proper working order prior to being used. Ensure tool/equipment is tuned off when performing maintenance and attaching or detaching equipment. Strictly follow manufactures recommendations and precautions. Perform pre use safety check on equipment. Always wear appropriate PPE as determined by manufactures operating manual and the given work conditions.					
3	Working with Power Tools	<u> </u>	Cuts, abrasive, electric shock, injury form flying debris, tripping over power cords, electrocution	Fe Fe Fe Fe Fe	Wear goggles and dust musk if applicable. Keep cords away from work area. Keep tools in good condition. Inspect tools before use. Verify that guards are working properly. DO NOT put hand near blades. Make sure you have a good center of gravity and maintain control at all times					
4	Using hand tools	X	Cuts, pinches, smashes, punctures, severing of fingers.	F* F* F*	Keep tools in good condition. Inspect tools before use. Wear safety glasses. Work away from yourself. Use normal caution required for all hand tools.					
5	Using ladders or step-ladders	料	Ladder collapsing; Slipping and falling from ladder	F# F# F#	Inspect ladder before use. Use ladder at proper height. Make sure the ladder in assembled, locked and on level ground. DO NOT exceed weight limit for ladder. DO NOT stand on the top or top rung of ladder and make sure a co-worker is holding ladder if any higher than a step-ladder.					
6	Using mowers, tractors and associated equipment		Struck by/caught between injuries to self, co-workers and pedestrians. Burns, dismemberment and broken bones	Fr Fr Fr Fr	Be aware of surroundings, co-workers and pedestrians. Ensure tractor is turned off when performing maintenance or attaching or detaching equipment. Strictly follow manufactures recommendations and precautions. Perform pre use safety check on equipment.					
7	Mixing and applying pesticides, herbicides, fungicides, fertilizers and		Skin and eye irritation, chemical burns and chemical inhalation Chemical spill	\$ \$ \$ \$ \$ \$	Be aware of surroundings, co-workers and pedestrians. Always wear appropriate PPE as determined by manufactures operating manual and the given work conditions. Strictly follow manufactures recommendations and precautions Read SDS prior to mixing or applying.					



JOB HAZARD ANALYSIS

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	cleaning chemicals								
8	Operating University Vehicles		Motor vehicle accident, striki pedestrian or bicyclists				ng	objects in path. Ensure car	Use seat belts. Stay alert for pedestrians, other vehicles and rgo is secured. Ensure vehicle cab is clean free from material or g operation and impact the driver or passenger.
9	Working in area of pedestrian Pedestrians knocking over ladders or lights or bumping					ng ir ng hi	it	Always be aware of surrou	undings
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12								Ž.	
	CORE E	HS TRAINING	REQUIREMENTS						ADDITIONAL NOTES
		Fall Protection	n Training	T	Α	0	Н		
		Elevated Wor		k I A (Н		
		Personal Prote	Personal Protection Equipment		Α	0	Н		
		Hand & Power	r Tool	_	Α	0	Н		
		Lockout/Tago	• •	ı	Α	0	Н		
		Hazard Comm		-	Α	0	Н		
		Fire Extinguish		ı	Α	0	Н		
		Basic First Aid			com				
				ORK	TIVIN	ΤΕD	IATE	LY-REVIEW WITH SUPERVISOR-	DOCUMENT HAZARD-REVIEW WITH SRM
		ERGENCY RESP							HOUSEKEEPING & SECURITY
1	First Aid Kit	Located in	n buildings			:	1	Is the work area/site Clean?	Ensure work area is clean daily and that any hazardous materials are properly disposed of daily
2	AED Located in all main buildings			:	2	Is the work area/site Secure?	Ensure lights are turned off and building is locked upon exiting work for the day.		
3	Emergency phone Campus Police- 707-654-1111 or 911					3			
4 Evacuation TBD based on Facility & Emergency							3		
	REMINDER: IMMEDI	ATELY REPOR	T ALL INCIDENTS, R	REGA	ARDL	ESS	OF S	EVERITY, TO YOUR SUPERVISOR	R AND THE DEPARTMENT OF SAFETY & RISK MANAGEMENT.