

A look at My Student's First Year at Cal Maritime

Parent Orientation 2020-2021

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Overview

- Understand student experience during the first year
 - Specific requirements by major
 - Specific expectations from a maritime university watches/extracurricular
 - Class schedules/Units
 - Activities outside the classroom
- Learn about the resources and support available to students
 - Academic support tutoring, DSO, etc.
 - Advising
 - Faculty Office Hours
 - Triad: RHOs, Corps Staff and ASCMA Officers



Major Requirements

Curriculum Roadmaps

- Standardized by Major and Division for incoming Freshmen
- Tailored for Transfer students depending on their total # of units & courses complete
- Academic Advisors (Faculty) meet each semester with students
- University Advisors are available to discuss and update individual roadmaps, as well
 as discuss academic progress and support needed to succeed
- Total units needed to graduate:
 - MT
 - MET
 - ME
 - IBL
 - GSMA
 - Oceanography

Extracurriculars

All year long -

- Watchstanding is a community activity that enables individual cadets to reinforce their major-specific learning objectives and contributes to greater campus well-being and enhanced Cadet life. (Alternatives for virtual watchstanding are not being planned)
- Edwards Leadership Development Program: Will be introduced to students at Orientation
- Career Conversation Series: Check out more information at Career Services

Summer 2021 (TBD due to COVID) -

- Shipboard Training
- International Experience
- Internships
- Possibly some summer school to catch up on labs and/or hands-on elements of the curriculum

Social & Service Opportunities

Student Activities

- Outdoor movie nights, art/pottery nights, SMASH/video game tournaments, waterfront chill with live music, bonfire nights both oncampus & @ the beach are just a few Fall semester programs.
- Virtual events such as Paint Night, Escape Rooms, Trivia nights, and other fun opportunities
- Health & Wellness programs such as virtual yoga, weekend hikes and bike rides, and beach meditation.

Community Engagement

- Multiple local opportunities are always available to students via KeelhaulersCare
- Virtual Volunteer Fair
- Christmas @ Sea Project
- Virtual tutoring for local elementary schools



Academic Support

Faculty Office Hours — **All faculty** schedule time outside of class to meet with students - these are called **office hours**. **Office hours** are **times** when you can meet with your **professors** to discuss the material being presented in class or other related interests you have. Each faculty member posts their office hours and encourage students to make frequent use of this time to clarify, review or practice content covered during class.

Tutoring Schedule during COVID:

- One-hour individual tutoring appointments available in all subjects, many seven days per week, via The Passport
- Fully online services during Fall 2020 semester to observe social distancing and ensure cadets' safety
- New webpage with simple instructions for scheduling virtual appointments coming soon



Academic Support

University Advisors support student success by helping students navigate university requirements, policies, and resources to achieve their academic goals. Areas of focus include:

- Developing a plan to complete all university requirements for graduation in an efficient and timely manner.
- College management skills: goal setting, time management, etc.
- Informing students about campus resources and services.
- Partnering together with Faculty/Program Advisors for academic and major course advisement.

Students can email them at Advisor@csum.edu

Each student is assigned a **Faculty/Academic Adv**isor and is encouraged to meet with their advisor during the semester to ensure they are on track with their courses.



Academic Support: Disability Services

Services to support students with learning differences or with needs for other accommodations are available through the <u>Disability</u> Services Office.

DSO proudly offers *Read & Write Literacy Software* to assist students in their learning in and outside the classroom.

Students are encouraged to apply for services as early as possible.



Peer Support

Corps Leadership

Executive Staff (3): Corps Commander position served by a senior – Lachlan Davis

Company Staff (3): Company Commander

Divisional Staff (3): Divisional Commander

Formation everyday is for communications, announcements and corps accountability

Residential Hall Officers (RHO) help students adapt to living on campus through weekly programming, regular floor meetings and being accessible their residents on asneeded basis. There is an on-call RHO 24/7 throughout the academic year. They may be reached on a published 'Duty Phone'.

Each Residence Hall is assigned RHOs based on the hall's occupancy.



Peer Support

Associated Student Body (ASCMA) is the student government organization of the California State University Maritime Academy. ASCMA ensures that the needs and concerns of the student body are heard and addressed by the administration. ASCMA also provides opportunities for cadets to get involved in campus life by hosting events and activities, starting or being a part of a club/organizations and they provide training and financial support to student organizations. ASCMA's weekly meetings are on Monday nights starting @ 1630 in the TOPP Room & on zoom! All are welcome to *tune in*!

The **Student Athlete Council** (SAC) serves as vehicle to promote communication between the athletic administration and the student athletes at Cal Maritime by providing the student athlete a voice within the department, discussing issues and concerns, and providing feedback as necessary. Another excellent opportunity for your athlete to hone their leadership skills.



Additional Support

Peer Health Educators are (PHEs) are a diverse group of trained cadets to educate their classmates about college lifestyle and wellness issues in a positive, interactive, fun, and non-judgmental manner.

Students are encouraged to join the group and lead peer health events.

Chaplains are on campus weekly to support the campus community. In their role, they may address challenging questions about spirituality or dealing with loss or all the issues therapy might not be able to address on the spiritual side of things. Our Chaplains are members of the Vallejo community and can help guide students to useful resources, and otherwise provide religious services and support as requested.

They are on campus very Thursday morning. Our Chaplains Corner is located in the Student Center next to *The Cove*.



Student Employment Opportunities

Cal Maritime provides many opportunities for employment on campus. Available positions are posted and applications may be completed online. Details are available on Human Resources webpage.

Students interested in Instructional Student Assistant (tutor) positions can find details on the <u>Human Resources</u> webpage.

Students are HIGHLY ENCOURAGED to check on their eligibility and program details for <u>Federal Work Study</u>.



Questions



Please contact Vineeta Dhillon

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