Main Dining Menu Week Ending September 8, 2013

***** Not all Menu items will be available until the Opening of Our New Dining Facility.**

Cycle 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	2-Sep	3-Sep	4-Sep	5-Sep	6-Sep	7-Sep	8-Sep

BREAKFAST

Exhibition	Eggs to Order	Eggs to Order	Eggs to Order	Eggs to Order	Eggs to Order	Eggs to Order	Eggs to Order
	Breakfast Burrito	Create an Omelet	Italian Breakfast Frittata	Create an Omelet	Breakfast Quesadila	Create an Omelet	Create an Omelet
Breakfast Main AM Specialty Bar Mirrored on Formation Days	Classic Scrambled	Classic Scrambled	Classic Scrambled	Classic Scrambled	Classic Scrambled	Classic Scrambled	Classic Scrambled
	French Toast	Strawberry Pancake	Buttermilk Biscuits	Cinnamon Apple Pancake	Tostada Shell	Steamed Rice	Logger Jack Pancakes
	Sausage and Peppers	Sausage Patties	Sausage Gravy	Bacon	Taco Meat	Bacon / Sausage Patties	Bacon / Ham Steaks
	Golden Hash Brown	Roasted Potato	Potato Patty	Battered Potato	Papas Frito En Salsa	Country Hash Browns	Lionase
Breakfast	Assorted Danish Pastries	Assortted Coffee Cakes	Assorted Breakfast Bars	Assorted Donuts	Mini Muffins	Mini Danish Pastries	Mini Danish Pastries
	3 Assorted Yogurts	3 Assorted Yogurts	3 Assorted Yogurts	3 Assorted Yogurts	3 Assorted Yogurts	3 Assorted Yogurts	3 Assorted Yogurts
	Fruit Salad, Gelatin, Cottage Cheese.	Sliced Fruits, Gelatin, Cottage Cheese	Fruit Salad, Gelatin, Cottage Cheese.	Sliced Fruits, Gelatin, Cottage Cheese	Fruit Salad, Gelatin, Cottage Cheese.	Sliced Fruits, Gelatin, Cottage Cheese	Fruit Salad, Gelatin, Cottage Cheese.
Toast Bar / Bread Station	Toast Station with Assorted Breads and Toppings	Toast Station with Assorted Breads and Toppings	Toast Station with Assorted Breads and Toppings	Toast Station with Assorted Breads and Toppings	Toast Station with Assorted Breads and Toppings	Toast Station with Assorted Breads and Toppings	Toast Station with Assorted Breads and Toppings

LUNCH

Salad Bar	Bulgar and Cranberry	Barley and Nuts	Israeli Cous Cous	Steel Oats	Quinoa and Seeds	Cous Cous	Barley and Kale
	Italian Penne Pasta	Roasted Potato Salad	Cheese Tortellini Salad	Grilled Vegetables	Classic Potato Salad	Sundried Tomato Pasta Toss	Cucumber Salad
	2 Tossed Greens	2 Tossed Greens	2 Tossed Greens	2 Tossed Greens	2 Tossed Greens	2 Tossed Greens	2 Tossed Greens
	Grilled Chicken	Plain Tuna	Grilled Chicken	Plain Tuna	Grilled Chicken	Plain Tuna	Plain Tuna
	3 Dressings	3 Dressings	3 Dressings	3 Dressings	3 Dressings	3 Dressings	3 Dressings
	3 Dry Toppings	3 Dry Toppings	3 Dry Toppings	3 Dry Toppings	3 Dry Toppings	3 Dry Toppings	3 Dry Toppings
	6 Salad Toppings	6 Salad Toppings	6 Salad Toppings	6 Salad Toppings	6 Salad Toppings	6 Salad Toppings	6 Salad Toppings
Soup	Vegetable Soup	Cream of Brocolli	Tomato Soup	Split Pea Soup	Corn Chowder	Lentil	Minestrone
	Beef Barley	Meatball Wedding Soup	Chicken Noodle Soup	Minestrone with Beef	Manhattan Clam Chowder	Chicken Soup with Rice	Navy Bean Soup with Ham

Pizza Station	Classic Pizzas	Contemporary Pizzas	Deep Dish Pizzas	Pizza Pocket	Flat Bread Pizza	Build Your Own Pizza?	Build Your Own Pizza?
	Build Your Own Pizza	Build Your Own Pizza	Build Your Own Pizza	Build Your Own Pizza	Build Your Own Pizza		
Specialty Station	Air Force Wings	Pu Pu	Fresh Fruits Slices and Spices	Posole	Wrap and Rolls	Crepes and Fillings	Greek Yogurt and Fruits
Deli Bar	Buffalo Chicken	Italian Chicken	Chicken Salad	Tofu	Roasted Vegetables		
	Ham, Turkey, Salami, Roast Beef	Ham, Turkey, Salami, Roast Beef	Ham, Turkey, Salami, Roast Beef	Ham, Turkey, Salami, Roast Beef	Ham, Turkey, Salami, Roast Beef		
	Toppings and Spreads	Toppings and Spreads	Toppings and Spreads	Toppings and Spreads	Toppings and Spreads		
Main Line	Hispanic	Italian	Home Country	Eastern European	Southern Comfort	Brunch	Brunch
	Spanish Rice	Penne Pasta	Mashed Potato	Potato Salad	Mashed Potato		
	Carrots	Italian Blend	Peas	Peas and Carrots	Broccoli		
	Grilled Chicken	Chicken Marsala	Beef Tri Tip	Beef Goulash	Blackened Catfish		
	Beef Asada	Pork Loin	Fried Chicken	Butterd Pollack	Chicken Pot Pie		
	Black Beans	Carbonara Sauce	Vegetable Stew	Beets	Vegetable Pot Pie		
Action Station	Asian Noodle Stir Fry	Tossed Penne Pasta	Hot Quesadillas	Pesto Pasta Toss	Carved Roast Beef		
Grill Station	Chicken Patty Melt	Cheese Burger	Ruben Sandwich	Grilled Chicken	Philly Cheesesteak		
	Hamburger	Hot Dog	Hamburger	Polish Dogs	Philly CheeseChicken		
	Garden Burger	Garden Burger	Garden Burger	Garden Burger	Garden Burger		
	Steak Fry	Curley Fry	Shoestring Fry	Wedge Fry	Waffle Fry		
Desserts	3 Select Specials	3 Select Specials	3 Select Specials	3 Select Specials	3 Select Specials	3 Select Specials	3 Select Specials
	Soft Serve Ice Cream	Soft Serve Ice Cream	Soft Serve Ice Cream	Soft Serve Ice Cream	Soft Serve Ice Cream	Barrel Ice Cream	Barrel Ice Cream

DINNER

Salad Bar	Isreali Cous Cous	Power Quinoa	Steel Oats	Barley	Bulgar Tabouli	Cous Cous	Amaranth
	Italian Penne Pasta	Roasted Potato Salad	Cheese Tortellini Salad	Grilled Vegetables	Classic Potato Salad	Sundried Tomato Pasta Toss	Cucumber Salad
	2 Tossed Greens	2 Tossed Greens	2 Tossed Greens	2 Tossed Greens	2 Tossed Greens	2 Tossed Greens	2 Tossed Greens
	Grilled Chicken	Plain Tuna	Grilled Chicken	Plain Tuna	Grilled Chicken	Plain Tuna	Grilled Chicken
	3 Dressings	3 Dressings	3 Dressings	3 Dressings	3 Dressings	3 Dressings	3 Dressings
	3 Dry Toppings	3 Dry Toppings	3 Dry Toppings	3 Dry Toppings	3 Dry Toppings	3 Dry Toppings	3 Dry Toppings
	6 Salad Toppings	6 Salad Toppings	6 Salad Toppings	6 Salad Toppings	6 Salad Toppings	6 Salad Toppings	6 Salad Toppings
Soup	Vegetable Soup	Cream of Brocolli	Tomato Soup	Split Pea Soup	Corn Chowder	Lentil	Minestrone

	Beef Barley	Meatball Wedding Soup	Chicken Noodle Soup	Minestrone with Beef	Manhattan Clam Chowder	Chicken Soup with Rice	Navy Bean Soup with Ham
Pizza Station	Build your own Personal Pizza	Build your own Personal Pizza	Build your own Personal Pizza	Build your own Personal Pizza	Build your own Personal Pizza	Build your own Personal Pizza	Build your own Personal Pizza
	Pita Pizza	Lasagna Cassele	Thin Crust Pizza	Pizza Poor Boy	Strombole	Classic Pizza	Classic Pizza
Specialty Line	Burrito Bar	Soft Taco Bar	Tamales Bar	Enchilada Bar	Fajitas Bar	Hot Nachos	Tostada
	Red Rice	Cilantro Rice	Spanish Rice	Hacienda Rice	Beans and Rice	Cheese	Refried Beans
	Pinto Beans	Black Beans	Refried Beans	Three Bean Bake	Sweet Corn Cake	Taco Meat	Chicken
	Carnitas	Baja Fish	Beef Bistek	Roasted Onions and Peppers	Chicken or Beef with peppers and onions	Olives / Jalapeno Slices	Shredded Lettuce
	Salsa, Sour Cream, Guacamole, Peppers, Lettuce, Diced Onions.	Pico De Gallo, Sour Cream, Sliced Acocado, Hot Peppers, Green Onions, Shredded Cabbage, lime and lemons	Sour Cream ans Salsa	Cheese, Olives, Salsa and Sour Cream	Pico De Gallo, Sour Cream, Sliced Acocado, Hot Peppers, Green Onions		Pico De Gallo, whole pickled hot peppers, Hot Cheese
Main Line	Hearty Beef Stew	Herb Roasted Chicken	Pork Chop	Baked Tilapia	Chicken Marsala		
	Rice	Scalloped Potato	Fried Garlic Rice	Aromatic Jamine Rice	Potato Au Gratin		
	Vegetable Frittatta Cakes	Roasted Squash	Macaroni and Cheese	Pickled Daikon and Peppers	Cauliflower, Broccoli and Carrots		
		Steamed Vegetable	Apple Sauce	Asian Tofu	Vegetarian Pocket		
			Steamed Carrots				
Action Station	Hot Wing Toss	Pasta Toss	Tempura Chicken Toss	Pasta Toss	Seafood Toss	Night Time Omelet	Pasta Toss
Deli Bar	Flat Bread and Parmesan Chicken	Falafel Pocket	Meat Ball Sub	BBQ Beef Kaiser	French Dip		
	Ham, Turkey, Salami, Roast Beef	Ham, Turkey, Salami, Roast Beef	Ham, Turkey, Salami, Roast Beef	Ham, Turkey, Salami, Roast Beef	Ham, Turkey, Salami, Roast Beef	Ham, Turkey, Salami, Roast Beef	Ham, Turkey, Salami, Roast Beef
	Toppings and Spreads	Toppings and Spreads	Toppings and Spreads	Toppings and Spreads	Toppings and Spreads	Toppings and Spreads	Toppings and Spreads
Grill Station	Chicken Patty Melt	Cheese Burger	Ruben Sandwich	Grilled Chicken	Philly Cheesesteak		
	Hamburger	Hot Dog	Hamburger	Polish Dogs	Philly CheeseChicken		
	Garden Burger	Garden Burger	Garden Burger	Garden Burger	Garden Burger		
	Steak Fry	Curley Fry	Shoestring Fry	Wedge Fry	Waffle Fry		
Desserts	3 Select Specials	3 Select Specials	3 Select Specials	3 Select Specials	3 Select Specials	3 Select Specials	3 Select Specials
	Soft Serve Ice Cream	Soft Serve Ice Cream	Soft Serve Ice Cream	Soft Serve Ice Cream	Soft Serve Ice Cream	Barrel Ice Cream	Barrel Ice Cream

***We use ingredients that may have been processed in facilities that process dairy or nut products

*****Allergens will be noted on Product Identifiers**

***Menu items subject to change for any reason at anytime.