

GROUI	NDSKEEPER		SAFE OPERATING GUIDELINES											2017	7
GROOI															
			TIAL EVALUATION												
	Struck		Weather Conditions			L M F ⊠Wa			-		м	F 🖾 Kneeling	L	м	-
.6.	⊠Struck .	-	⊠Hazardous Substanc	, 0	⊠Carrying ⊠Reaching Above Shoulder ⊠Straight Pulling				nding	L	M	F Hearing/Noise		м	-
	⊠Slip/Tri		⊠Electrical Hazards	⊠Reaching A					ing	L	м	F SClimbing Stairs		м	_
		In/Between	⊠Obstruction/Confine						wling	L	м	F Climbing Ladd	ers <mark>L</mark>	м	
(//	区Materia	al Handling	Equipment Operatin		⊠Pulling hand over hand				sting	L	M	F Simple Grasp	L	M	
	HIRAC		1 2 3 4	⊠Dual Grasp)	L	M F	⊠Pus	hing	L	M	F 🗵 Repeated Mot	ion L	М	
					QUIREMENTS										
GE	ENERAL CAMP	US	DEP	ARTMENT SPE	CIFIC						SPE(
										S.				2	
Cal Maritime	EHS Pocket Guide	Emergency	Department	Authorized Driver	Ergonomics		Basi		Marin	e Pro	grams	T.S. Golden Bear		entified	
I A O H	I A O H	Response Guid	e · H I A O H		RMI Prevention	Firs	Aid/C	PR/AED	I A					ermine O	_
			NE UNLESS YOU HAV												
					CIVE EQUIPM										
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Еуе	Eye Foot Hand Hearing		Hearing	Body	Head				Fall Face Shield		01	THER			
Protection	Protection	Protection		Protection	Protection	P	roted			tect					
When exposed	When working	When hands a		When exposure	Where there is a		May		When						
to eye or face	in areas where	exposed to	to a time	to: Intense heat,	potential for		requir		1	of fal	-	be used over			
hazards from	there is a	hazards such	0	hot metals,	injury to the		remov		from		-	the glasses if			
flying particles,	danger of foot	those from sk	0	other hot liquids	head from		ontami		0	ater t		there is a			
molten metal,	injuries due to	absorption c harmful		Impacts from materials that	falling objects and/or when		rom th			ft GS0 ft CS0		presence of a lot			
liquid chemicals, acids or caustic	falling or rolling objects, or	substances;	or higher over an 8 hour work	can cut, burn	there is a risk of		loes no belo		1	t MS		of flying debris.			
iquids, chemical	objects piercing	severe cuts o		Hazardous	impact to head	,	permis		Whe						
gases or vapors,	the sole, or will	lacerations;		chemicals	impact to nead			e level.	1	onfir	-				
or potentially	protect the	severe		Or potentially			posure			space					
injurious light	affected	abrasions;		infectious						puee					
radiation		punctures;		materials											
		chemical bur	ıs												
			E: STOP WORK IMM												
Ergonomic	(L) Low <2	hrs (M) Modera	te 2-5hrs (F) Frequent >.	5hrs per 8-hours	Training	(I) Initic	al (A) An	nual Re	fresh	er (O) Occasion/Post Incide	ent (H) H	lazard	
		-								1					
	versity Maritime Acade	emy		Injury Illness Prever	ntion Program					-		nt # XXX-XXX	Page 1	L of 4	
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			GENERAL CAMPUS	S SA	FE OPERATING PROCEEDURES
	WORK DUTIE	S	HAZARD POTENTIAL		HAZARD CONTROLS & PROTECTION MEASURES
1	Use of office equipment		Electrocution, electrical shock, bruising and miscellaneous injuries	fek fek	Ensure all electrical equipment is properly grounded. (i.e. three prong electrical plugs) and in proper working order before using. Strictly follow all manufactures precautions and recommendations. DO NOT overload circuits by stringing multiple power strips (also known as daisy chaining)
2	Using ladders or step-ladders	甲	Ladder collapsing; Slipping and falling from ladder	frie frie frie frie	Inspect ladder before use. Use ladder at proper height. Make sure the ladder in assembled, locked and on level ground. DO NOT exceed weight limit for ladder. DO NOT stand on the top or top rung of ladder and make sure a co-worker is holding ladder if any higher than a step-ladder.
3	Work Station	<u> </u>	Muscle-skeletal disorders, eye/body strain and fatigue	frie frie frie	Ensure workstation is ergonomically correct for the person using the workstation. Ensure proper lighting so that there isn't a glare in order to prevent eye strain. Review phone placement and accessories so that operator is sitting square and limiting excessive head/neck tilt in order to prevent neck strain
4	Office Furniture		Falling objects	fer fer	Ensure all doors and drawers are fully secured. Do not overload shelves. Ensure bookcases are seismically strapped/secure to wall to prevent tipping over.
5	Walking in offices, buildings hallways and stairs	No. 100	Slips, trips and falls	ite fere	 Ensure all walking and working surfaces have been properly maintained, properly lit, are free of debris and remove potential tripping hazards. Use handrails when using stairs. A Note: No opened toed footwear is allowed in food operations A Note: No opened toed footwear is allowed on T.S. Golden Bear
6	Campus Construction Activities	. <u>.</u>	Pedestrians knocking over ladders or lights or bumping into worker; pedestrians getting hit with equipment or falling tools, etc.	fre fre	Always be aware of surroundings. Stay away from construction zones.
7	Working outside in Weather		Heat stroke, heat exhaustion, frostbite	R.	Dress appropriately for the weather, keep hydrated, and take necessary breaks when needed
8	Heaving lifting and reaching	<u>A</u>	Overexertion, strains and sprains	સ્ત્ર સ્ત્ર સ્ત્	Use proper lifting techniques, limit duration of repetitive motion. Always know your weight limit, lift with your legs, get help if needed. Use step ladders when lifting objects above shoulder height.
9	Campus	次次	Personal safety and security	合居 合居	Always be aware of your surroundings. Changing weather conditions can increase slip hazards throughout the campus
10	Operating university vehicles		Motor vehicle accident, striking a pedestrian or bicyclist	An An An	Inspect vehicles before use. Use seat belts. Travel at safe speed for conditions. Stay alert for pedestrians, other vehicles, and objects in travel path.

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	POSITION SPECIFIC SAFE OPERATING PROCEEDURES									
	WORK DUTIES	5	HAZARD POTENTIAL		HAZARD CONTROLS & PROTECTION MEASURES					
1	Working in offices, buildings or storage containers		Slips, Trips and Falls	લ્લું લ્લુ	Ensure all walking and working surfaces have been properly maintained, properly lit and free of debris and remove potential tripping hazards. Use handrails when using stairs.					
2	Using motorized electrical tools & equipment		Electric shock, getting caught in equipment, cuts from sharp edges, Burns, electrocution, , dismemberment, broken bones, hearing loss, blisters and struck by foreign objects	لجاة وية وية وية	Ensure tool/equipment is in proper working order prior to being used. Ensure tool/equipment is tuned off when performing maintenance and attaching or detaching equipment. Strictly follow manufactures recommendations and precautions. Perform pre use safety check on equipment. Always wear appropriate PPE as determined by manufactures operating manual and the given work conditions.					
3	Working with Power Tools		Cuts, abrasive, electric shock, injury form flying debris, tripping over power cords, electrocution	원는 (Pa (Pa (Pa (Pa	Wear goggles and dust musk if applicable. Keep cords away from work area. Keep tools in good condition. Inspect tools before use. Verify that guards are working properly. DO NOT put hand near blades. Make sure you have a good center of gravity and maintain control at all times					
4	Using hand tools	×	Cuts, pinches, smashes, punctures, severing of fingers.	(c)e (c)e (c)e	Keep tools in good condition. Inspect tools before use. Wear safety glasses. Work away from yourself. Use normal caution required for all hand tools.					
5	Using ladders or step-ladders	ĸ	Ladder collapsing; Slipping and falling from ladder	સંસ્ સ્ટ્રે સ્ટ્રે	Inspect ladder before use. Use ladder at proper height. Make sure the ladder in assembled, locked and on level ground. DO NOT exceed weight limit for ladder. DO NOT stand on the top or top rung of ladder and make sure a co-worker is holding ladder if any higher than a step-ladder.					
6	Using mowers, tractors and associated equipment		Struck by/caught between injuries to self, co-workers and pedestrians. Burns, dismemberment and broken bones	મંત્રે તેમ સંત્રે	Be aware of surroundings, co-workers and pedestrians. Ensure tractor is turned off when performing maintenance or attaching or detaching equipment. Strictly follow manufactures recommendations and precautions. Perform pre use safety check on equipment.					
7	Mixing and applying pesticides, herbicides, fungicides, fertilizers and		Skin and eye irritation, chemical burns and chemical inhalation Chemical spill	ા સિંહ વિંહ	Be aware of surroundings, co-workers and pedestrians. Always wear appropriate PPE as determined by manufactures operating manual and the given work conditions. Strictly follow manufactures recommendations and precautions Read SDS prior to mixing or applying.					

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	cleaning chemicals								
8	Operating University Vehicles	Motor vehicle accident, striki pedestrian or bicyclists					g	objects in path. Ensure car	. Use seat belts. Stay alert for pedestrians, other vehicles and rgo is secured. Ensure vehicle cab is clean free from material or g operation and impact the driver or passenger.
9	Working in area of pedestrian traffic.	Pedestrians knocking over ladders or lights or bumping worker; pedestrians getting with equipment or falling to etc.					t	Always be aware of surrou	undings
10								Ť	
11								£	
12								Æ	
12									
	CORE E	Fall Protection			٨		н		ADDITIONAL NOTES
		Elevated Work	Ţ.	+	A A	0	н	-	
						0	H	-	
		Hand & Power		<u>.</u>	A	0	н	-	
		Lockout/Tago		-	A	0	н		
		Hazard Comm	· ·	·	A	0	н	-	
		Fire Extinguish	ner	· I	A	0	Н		
		Basic First Aid	/CPR/AED	Re	comr	nend	ed		
	I	F CONDITIONS	CHANGE: STOP W	ORK	IMN	/IEDI/	ATE	LY-REVIEW WITH SUPERVISOR-I	DOCUMENT HAZARD-REVIEW WITH SRM
		ERGENCY RESP							HOUSEKEEPING & SECURITY
1	First Aid Kit	Located in	n buildings			1		Is the work area/site Clean?	Ensure work area is clean daily and that any hazardous materials are properly disposed of daily
2	AED Located in all main buildings				2	2	Is the work area/site Secure?	Ensure lights are turned off and building is locked upon exiting work for the day.	
3	Emergency phone	Campus F	Police- 707-654-111	1 or	911	3	,		
4	Evacuation	TBD base	d on Facility & Eme	rgen	су	3	,		
	REMINDER: IMMED	ATELY REPOR	T ALL INCIDENTS, R	EGA	RDL	ESS C	DF S	EVERITY, TO YOUR SUPERVISOR	R AND THE DEPARTMENT OF SAFETY & RISK MANAGEMENT.

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