JED Campus Team Meeting 8/30/22, Compass Room #1

Attendees: Ian, Marie, Grace, Angeli, Emily, Tamara, Katie, Krystal, Kathleen, Lennon, Jeff, Maddie

Check-In

* Keelhauler FIT is under development, workshops, sports psychology, nutrition, fun runs, (opportunities for student led courses) – Jeff/Athletics working on that
* Adjustments to orientation showing healthier signs of development
  + Some areas like roommate conflicts being seen, support for areas such as conflict management and personal management is very helpful.
* Faculty report back on the state of campus climate (Tamara presenting to faculty in this area)
  + Value to get in front of Faculty senate
    - **Following the meeting Tamara sent a request to present at a faculty senate meeting.**

Subgroup Share Outs:

* Policy –
  + taking medical leave policy to provost and senate; TSGB leave rules; cannot do “mandatory leave” policy; Parental/Emergency notification policy is next to be created
  + Consideration for navigating mental health potential removals from cruise and how those cadets return to campus (are there steps we can take about they can be brought back)
  + Consideration for how company billet pairings with each cadet and what support and resources they provide (incorporate career services)
* Training and Response
  + Formalize process of student of concern;
  + Presentations to faculty and staff - potentially offer more open trainings on these areas
  + CSU Mental Health First Aid training made available (3 year renewable)
    - **Ian to offer MHFA as well, likely in January**
  + Opportunity towards the end of this process is to investigate if a Cal Maritime specific onboarding modules can be provided related to mental health and responding to students of concern
* CAPS and Student Health
  + PD protocol / health center staff to train on Opioid response
  + Incorporate the JED work on reporting and skills
    - 36 Questions on connectivity and bonding
  + Revision and revamping of the online system for electronic health records (make it smoother on the backend)
  + Orientation presentation by Peer Health Educators on harm reduction
  + Confidential Advocate: fliers ready on community connect – attempt to accommodate for mass opportunity for cadets
    - Workshop series being developed based on gender socialization, gender norms, and other related topics
* Social Connectedness
  + Support and transition – education of families on mental health and substance abuse; value for parents during orientation to get some face time, add content to the parent folder
  + Utilizing Family weekend as an opportunity to further educate families (a session and pamphlets)
* AOD
  + Education w/ competitive alcohol-related trivia game or competition – active engagement w/ concepts of alcohol and drugs
  + RHO 1 to 1 – potential referrals, promotion of upcoming mental health opportunities
  + Conversations on Mental Health
    - Getting candid and honest conversations about alcohol and mental health
  + Gap in mental health support following “Maker Space” transition