JED Campus Team Meeting

10-18-2022

9-10am Compass Room

Members: Ian, Tamara, Angeli, Marie, Maddie, Lennon, Katie, Krystal, Aparna, Grace, Vineeta, Emily

1. Welcome and updates
   1. Ithaca example of JED report
   2. Strategic plan updates – multiple improvements across all subgroups
   3. JED support meetings – Ian meeting monthly with Emilia George of JED (Emilia George [emilia@jedfoundation.org](mailto:emilia@jedfoundation.org))
   4. Mariner Mental Health
      1. Outcome data from Tamara’s class shows that the program was meaningful and impactful
      2. Recorded – and available here <https://www.csum.edu/student-health-center/services/counseling-services/index.html>
      3. Consideration of applicability for similar program related to military interests
   5. Next meeting reminder (11/15/22, 9-10am, location Compass Room #3)
   6. Cadet involvement on JED
      1. Compass recruitment (Lennon); class recruitment (Tamara, Aparna)
      2. Limitation: no current incentives (pay, return, resources) for participation
         1. MHP grant funds for positions?
         2. Existing paid positions
         3. Honorariums or acknowledgements (e.g., gift cards);
         4. Graduation incentives (cords)
2. Subcommittee reports
   1. Policy
      1. Health Leave is with cabinet awaiting final signature
      2. Mandatory leave not applicable
      3. Draft completed of Leave and Return to TSGB, next to be shared with faculty sente or provost council
      4. Tuition Insurance
         1. Private companies offer this
         2. Not historically included or offered at Cal Maritime
         3. Campus currently provides prorating up to 60% in the semester
            1. Separate from housing and food (prorated up to the day they leave, until close to end of the semester. Suspensions do not receive money back)
         4. Focus on fall and spring academic semesters rather than TSGB cruise
   2. Training and Response
      1. SB367 Naloxone legislation
      2. No firm date to implement at this time
      3. PD to start training
      4. Naloxone distribution applied for in SHS (8 weeks until received)
      5. Training for SHS staff and campus partners in the future
         1. Online training is available and free
         2. Opioids are part of drug testing and short half life of days rather than weeks
         3. Fentanyl is particularly lethal, especially without tolerance
   3. CAPS/SHS
      1. Community Connect with Maddie Hamill (5-9 attendees at each event)
         1. Looking to offer again next semester
            1. Van suggestion for transportation
         2. Incentives to students for bringing bring others
         3. Final exams - need for similar support
      2. PHE TIPS training this coming week
         1. Evaluation planned of this program
   4. Social Connectedness
      1. Admissions platform
         1. Messaging for families and students for communication to spring admits and during the spring
         2. WML
            1. Mental health and well being panel request
            2. E.g., military angle among others, Dr. Torres-Reyes
         3. Keelhauler Spirit Week well received
            1. Requests for spring repeat or related event
            2. Tie-dye shirt program well received
            3. Cost for program 5K, but 1K would provide for a smaller program
            4. Week of themed outfits beneficial to students as a uniform break

High stress times to target (e.g., before first set of exams)

* + - * 1. Hawaiian t-shirt day rescinded as a positive and unique step
      1. Community Day in Spring
         1. Inclusion Center Director to lead (to be hired)
         2. Fun event (tie-dye) leading into Community Day would be a positive sequence
  1. AOD and Help-Seeking
     1. Campaign related to Keelhauler Safe
        1. Logo discussion turned to typography
        2. General safety statement (e.g., holistic framework)
        3. Event standpoint to have criteria (evidence-based) based on Keelhauler Safe
           1. Helpful for education
           2. Relevant to DEI approach too

1. Discussion
   1. Praise to the group for activities and impact
   2. Reporting out to faculty about students who need support or grace
      1. Lennon to bring to crisis response team for consideration
      2. Faculty advisors
         1. CARE team coordination as well.