SUPPORT SERVICES

Student Health Services
Accessibility & Disability Services
STUDENT HEALTH CENTER & SERVICES
Student Health Center

- We specialize in college health!
- Primary Care
- Mental Health Care
- Health Education
The Student Health Center is here to support cadet learning and academic success by promoting physical and mental health and through health education.
Offering Compassionate and Competent Care to All

- We pride ourselves on being student advocates, embracing and celebrating diversity and inclusivity.
Services at a Glance

- Primary care services
  - Nurse Practitioner/Physician
- Counseling
- Many common medications
- Orthopedic Supplies
- Health Promotion
- Physical Exams
- Basic Lab & X-RAY (off site)
- Vaccinations such as Flu Vaccine
Counseling and Psychological Services

Services Offered

• Individual, couple & group counseling
• By appointment or Daily Walk-in Hour from 2-3pm
• Call the SHC at (707) 654-1170 for an appointment or after-hours advice line
• Confidential in compliance with Federal and state laws.
Health Education

Did you know? 85%

OF CAL MARITIME STUDENTS AGREE/STRONGLY AGREE THAT IT'S THEIR RESPONSIBILITY TO PRACTICE SOCIAL DISTANCING TO PREVENT THE SPREAD OF COVID-19*

Cal Maritime - Student Health Center

CALL 707 654 1170 TO MAKE AN APPOINTMENT

AVAILABLE NOW @ the Student Health Center
FREE FLU SHOTS!!
for ALL Students, Admin, Faculty, and Staff

Scan the QR code to learn more about the flu

6 ft

Put乙

PPE

PPE

distancing is the best way to protect yourself and others.

*Poll results from 260 students by the Student Health Center from 8/12/2020 to 8/21/2020. Adapted from Cornell Health
Peer Health Educators

maritime_phe    calmaritimephee

PEER HEALTH EDUCATORS AND LOVING ANIMALS PROVIDING SMILES PRESENTS:

FLUFFY THERAPY

Certified therapy dogs and their handlers volunteer every month at Cal Maritime to help students de-stress.

Drop in, take a break, and "hi" to these ridiculously cute puppies.

Mayo Hall, Student Lounge Thursday, Feb 20, 6-8pm
Student Health Center Services

- No Co-pays. All students can use the Student Health Center at no cost. Services are included in Student Health Fees.
- SHC carries many medications both prescription and over the counter for most common conditions at no cost.
- Xray services are provided at an off-site facility at no cost.
- Counseling services are available at no cost.
- Flu vaccines are available annually.
Application Process

The student is responsible to do the following:

• Self-identify or disclose to disability services
• Provide documentation- IEP, 504, or medical report
• Complete the intake process
• Choose when to use the approved accommodations
• Each semester submit request for accommodations for classes
Accommodations

**Academic**
- Reduced distraction testing
- Additional test time
- Use of non-graphing calculators
- Use of laptop
- Use of audio recorders
- Note taking
- Use of accessible technologies
- Preferential seating

**Campus**
- Housing
- Dietary including food allergies
- Uniform-modified due to injury
- Medical-injury, illness
Postsecondary institutions are not required:

- Reduce or waive any of the essential requirements of a course or program.
- Conduct testing/assessment of learning, psychological or medical disabilities.
- Provide personal assistants.
- Provide personal or private tutoring.
- Prepare Individualized Education Plans (IEPs).
Recommendations

• Have testing done senior year of H.S. to have current documentation and determine accommodations.

• Keep a copy of IEP, 504 and Testing Documents.

• To answer specific confidential questions please email to schedule a meeting.
  
  scase@csum.edu
QUESTIONS?

For personal health questions contact Dr. Chou
Gchou@csum.edu

For individual questions please email Mrs. Case
Scase@csum.edu