
From: COVID-19 Health and Safety Task Force
Sent: Wednesday, October 7, 2020 4:43 PM
To: All Staff; All Students; All Faculty; All POI
Subject: 10/07 COVID Weekly Update



As of today, we have **one cadet in isolation and no cadets in quarantine.**

The next round of **surveillance testing is scheduled for Monday, October 12th.** Emails will be sent to those who have been randomly selected by Thursday morning, 10/08. We ask that you please comply as this testing helps us get a snapshot of the level of Covid-19 risk on our campus. It's an important tool, and we're grateful for your efforts.

Getting a flu vaccine is more important than ever during 2021 to protect yourself and the people around you from the seasonal flu. They are available now at the Student Health Center; call 707-654-1170 to make an appointment. Flu and Covid-19 symptoms are often similar—so being protected from the flu may diminish your chances of being quarantined or isolated if you have flu-like symptoms.

The following table represents our testing efforts and results since the summer. We will continue to keep this table updated and include it in our weekly newsletter. As always, we truly appreciate all of your efforts and cooperation, and as you can see, both are paying off.

Month	# of COVID Tests	# Isolated	# Quarantined
Summer through August	973/0	6	1
September	221/0	8	2
October	0/0	2	

Bi-weekly COVID Care Testing provides a snapshot of the health of our population. It does not reduce potential exposures. **The daily symptom check, mask use, and social distancing are the most critical tools.** If you have any listed symptoms, you must get cleared by your health provider before coming to campus. The consequences of assuming it is

something other than COVID are too high for our community. Cadets living on campus must contact the Student Health Center for guidance and clearance.

We continue to add information to the [COVID website](#) and encourage cadets to share this information with family and provide feedback on any additional information that would be helpful during this difficult time.

Please email questions, comments, or suggestions to covid19hs@csu.edu