From: COVID-19 Health and Safety Task Force
Sent: Wednesday, October 21, 2020 3:42 PM
To: All Staff; All Students; All Faculty; All POI
Subject: RE: 10/21 COVID Weekly Update



As of today, we have one cadet in isolation and zero cadets in quarantine.

The next date for randomized Covid Care (surveillance) testing is Monday, October 26<sup>th</sup>.

Getting a flu vaccine is more important than ever. It protects you and the people around you from the seasonal flu. They are available now at the Student Health Center, call 707-654-1170 to make an appointment. Flu and Covid-19 symptoms are often similar—so being protected from the flu may diminish your chances of being quarantined or isolated if you have flu-like symptoms.

## TWO AREAS NEEDING IMPROVEMENT:

- 1. **Distancing, even when eating meals**. Please don't become complacent and do remind each other to distance at all times.
- Completing the <u>Daily Self Check</u>. We are hearing that some cadets are not regularly completing the self-check.
  The Commandants Office, campus service providers, and faculty will be conducting frequent verifications from now on. If you cannot demonstrate the daily check was completed each day, please expect to be refused service or access to your F2F class.

We continue to add information to the <u>COVID website</u> and encourage cadets to share this information with family and provide feedback on any additional information that would be helpful during this difficult time.

Please email questions, comments, or suggestions to <a href="covid19hs@csum.edu">covid19hs@csum.edu</a>