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**From:** COVID-19 Health and Safety Task Force  
**Sent:** Wednesday, November 4, 2020 6:11 PM  
**To:** All Staff; All Students; All Faculty; All POI  
**Subject:** 11/04 Weekly COVID Newsletter



As of today, we have **zero cadets in isolation and one in quarantine.**

Due to the change in the face-to-face class schedule, the final COVID Care surveillance testing is being moved from November 9 to November 18. This will provide the best monitoring of our population while classes are still in session.

We have received some questions regarding exit testing. There will be a limited number of additional tests that Cal Maritime can provide, with unlimited testing available for free to anyone through [Solano County CDPH](#). If interested in receiving a test on November 18 (if not selected randomly), please email [covid19hs@csum.edu](mailto:covid19hs@csum.edu) no later than November 12, 2020. This availability is on a first-come, first-serve basis, and those that can be accommodated will be informed via email no later than November 16.

Please remember that testing does not always provide an answer as to whether an individual is COVID-free or not. It is entirely possible to have been exposed up to 10 days or more before testing, still show negative on the test, and convert to positive within fourteen days (with or without symptoms). It is equally likely to be negative, but be exposed shortly after testing, especially during busy travel times, and be incubating COVID in your system that results in illness. Please keep this in mind as you travel home to be with your family.

We stress this so strongly because, as stated in prior communications, the best way to protect yourself and those around you is by using effective face masks, regular hand washing, and social distancing. COVID-19 has caused a global crisis due to its long incubation time and variation of symptoms--ranging from none, to serious illness, and even death.

We continue to add information to the [COVID website](#) and encourage cadets to share this information with family and provide feedback on any additional information that would be helpful during this difficult time.

Please email questions, comments, or suggestions to [covid19hs@csum.edu](mailto:covid19hs@csum.edu)