
From: COVID-19 Health and Safety Task Force
Sent: Monday, November 1, 2021 4:14 PM
To: All Staff; All POI; All Faculty; All Students
Subject: COVID Booster Information

TO: All Staff, Faculty, Cadets, POIs

FROM: Dr. Chou, Director of Student Health Center and Chief Cal Maritime Medical Officer
COVID-19 Health & Safety Task Force

RE: COVID Boosters

The Centers for Disease Control (CDC) recently recommended that people who have previously received COVID-19 vaccination get a booster shot when eligible. Cal Maritime encourages all of our community members who have received the COVID vaccination to get a COVID booster shot. Due to working in education/food services/and as first responders, all faculty and staff are eligible for booster shots. Our cadets who are 18 and older are eligible for boosters due to living in congregate housing and close contact with other cadets/faculty/staff.

If it has been more than two months since receiving the J&J vaccine, then you are eligible now. For the Pfizer and Moderna vaccination series, you are eligible if it has been six months since your second vaccine.

Unlike the initial vaccine distribution, there is no shortage of boosters. And per the link below, the CDC has approved mixing the initial vaccine with a different booster. This means you do not need to receive the same brand of the booster as your original series.

Visit <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html> to learn more and reach out to the Health Center if you have additional questions.

Vaccinations are free and readily available, widely, and at no cost. Find a location most convenient for you by visiting <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/How-Do-I-Get-a-COVID-19-Vaccine.html> . In most cases, you can sign up using an app on your phone at local drugstores like CVS and Walgreens or through your health care provider.

We also encourage you to get your annual flu vaccination. The Student Health Center has flu shots available now. Cadets can drop by during normal business hours. Staff and faculty may receive free flu shots on Fridays, but please call ext. 1170 ahead of time for an appointment.

Thank you for doing your part in keeping our campus healthy, safe, and free from infection.