



EOP Academic Success Plan

Student Name: _____

Student ID Number: _____

This Academic Success Plan (ASP) aims to support the academic and educational success of this student by providing clear guidance and direction as well as support services and resources.

Reflect on the last academic term and **identify the top 3 obstacles** that impacted your ability to **maintain Satisfactory Academic Progress and good academic standing**.

Academic

- I struggle with time management.
- It's hard to concentrate in my classes.
- I skipped class or showed up late to class a lot.
- My courses were too difficult.
- I registered for too many units.
- I don't know how to study effectively.
- I don't know or am uncomfortable asking my instructors for help during class or office hours.
- I have a difficult time keeping up in class during lectures or in-class assignments.
- Other academic obstacles:

Personal/Financial

- I'm experiencing financial difficulties.
- I'm having issues with housing stability.
- I have persistent physical health problems.
- I'm struggling with my mental health.
- I have a general lack of motivation.
- I struggle getting consistent rest at night.
- I have a lot of anxiety & stress.
- Other personal/financial obstacles:

Major/Career/Campus

- I'm unsure about my current major.
- I don't have clarity on my career goals.
- I'm having challenges adjusting to the regimented structure of the campus.
- I feel overwhelmed about extracurricular and non-academic commitments (clubs, formation, watch, athletics, etc.)
- Other major/career/campus obstacles:

Family/Social Adjustment

- I'm having roommate issues.
- I'm having issues with my romantic partner.
- I'm struggling to connect with my peers.
- I have family obligations while at school and am struggling to balance different priorities.
- I'm having other personal relationship issues.
- I'm having a hard time adjusting to college life.
- Other family/social adjustment obstacles:



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Develop your Academic Success Plan

Step 1: Together with the EOP Advisor, review the obstacles you identified.

Step 2: Write down your obstacles from most significant to least. Working with the EOP Advisor, determine (1) a plan to address the obstacle, (2) potential challenges that may arise along the way, and (3) strategies to overcome the potential challenges.

Obstacles	What will I do to overcome this obstacle?	What are the potential challenges that may arise?	Strategies to overcome challenges (identify at least 2)
Example: I struggle with asking for help/support from my professor.	Example: Ask a classmate/friend to attend office hours (OH) with me.	Example: I don't know when my professor has OH.	Example: (1) I'll review syllabus to identify the OH. (2) I'll email my professor ahead of time that I'll be attending.
Obstacle 1:			
Obstacle 2:			
Obstacle 3:			



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Having been placed on academic probation (AP) with challenges to maintaining good academic standing, the following student will commit to this Academic Success Plan (ASP) in order to remain in EOP Good Standing. As part of the ASP, the student has agreed to the following terms, which may be subjected to change depending on individual student needs:

Individual/1-on-1 Meetings

The student will participate in **monthly** 1-on-1 meetings with EOP Advisor for the entirety of the semester. These monthly meetings will consist of updates and check-in's regarding the student's academic progress, personal challenges, mental health, wellness, time management, and balance between school-personal life. The number of meetings may be subjected to changes as seen fit by the EOP Advisor.

Academic Support

The student will utilize tutoring services on a **weekly basis**. It is expected that the student complete at least ONE tutoring session per week. The student and EOP Advisor will identify which course warrants tutoring support and will consistently check-in on tutoring attendance.

*If tutoring services is unavailable for any class, the student will consult with EOP Advisor and identify an alternative academic support service to participate in, such as study groups, professor's office hours, etc.

If any of the conditions of this ASP is not met, the student may be dismissed from the EOP program for failure to maintain good EOP standing.

Student Signature: _____

Date: _____

Staff Signature: _____

Date: _____