Position Title: Casual Worker – Sport Performance & Fitness Instructors (Repost)

Job Bulletin Number: 103338

Classification: Casual Worker

Department: Student Recreation

Full/Part-time: Part-time/on-call

Employment Type: Temporary

Bargaining Unit: E99

Pay Plan: 12 month

Salary Range: $40-$50 per hour - Commensurate with experience and/or certifications.

Benefits: Premium benefit package includes outstanding health, dental and vision plans; life and disability insurances; pension (CalPERS); tuition fee waiver; and 14 paid holidays per year. See our benefits website for additional information.

Pre-Employment Conditions: Background including fingerprinting

Closing Date: Open until filled. A review of applications will begin Wednesday, June 29, 2022 and the review period may end at any time thereafter.

POSITION SUMMARY: The Cal Maritime Department of Athletics and Physical Education is seeking several positions in the department of student recreation. We are currently seeking a qualified individual for sport performance and fitness instructors.

The Fitness Instructors will work with cadets to help increase physical fitness among the student body. Under the direction of the Associate Athletics Director, the Fitness Instructor will be tasked with developing the Keelhauler Fit program along with the Assistant Director of Sports Performance, engaging and encouraging cadets on campus to achieve their fitness goals. The fitness instructor will lead fitness classes on campus.

HOW TO APPLY: Interested parties should submit the Cal Maritime Employment Application, a cover letter and resume. Apply on-line at http://www.csum.edu/web/hr/careers.
ABOUT CALIFORNIA STATE UNIVERSITY MARITIME ACADEMY:

Established in 1929, California State University Maritime Academy, a campus of the California State University, is the only degree-granting maritime academy on the West Coast. Located on the scenic Vallejo waterfront, the campus serves a student population of approximately 1000 undergraduates and 50 graduate students.

Cal Maritime offers seven baccalaureate degrees in Business Administration, Global Studies and Maritime Affairs, Facilities Engineering Technology, Marine Engineering Technology, Mechanical Engineering, Marine Transportation and Oceanography. The undergraduate curriculum includes licensing programs for future merchant marine, coast guard and naval reserve officers. Cal Maritime also offers a Master of Science in Transportation and Engineering Management degree, as well as a number of extended learning programs and courses.

MAJOR RESPONSIBILITIES:

**Sport Performance**
- Implement the Keelhauler Fit program using the TeamBuilder app with the assistance of the Assistant Director of Sports Performance.
- Identify opportunities for group weightlifting and fitness programs
- Manage the Keelhauler weight room during evening business hours
- Work with cadets 1-on-1 to meet their fitness goals
- Make recommendations on equipment, programs and additional opportunities to grow the program.

**Fitness Instructor**
- Instruct groups of individuals in fitness activities
- Run 1-2 fitness classes per week on campus or more
- Demonstrate proper form and technique
- Set up and breakdown of equipment
- Ensure programs are effective, safe and fun

REQUIRED QUALIFICATIONS:

**Sport Performance requirements:**
- 2+ years working in group fitness
- Personal training experience a plus
- Ability to organize sessions geared toward college-aged individuals of varying degrees of physical fitness

**Fitness Instructor requirements:**
- Previous experience as a fitness instructor
- Knowledge of best practices in and general principles of fitness instruction
- Ability to train all fitness levels
- Ability to organize sessions geared toward college-aged individuals of varying degrees of physical fitness

PREFERRED QUALIFICATIONS:
- Experience working in higher education

SPECIAL CONDITIONS:

**PHYSICAL, MENTAL and ENVIRONMENTAL CONDITIONS:** 50% or more of the activities involve walking, standing, squatting, kneeling or climbing, involves lifting heavy weight objects that may exceed 50 pounds.

**HOURS of WORK:** Available to work evenings and weekends.

**BACKGROUND CHECK:** Satisfactory completion of a background check (including a criminal records check and fingerprinting) is required for employment. CSU will make a conditional offer of employment, which may be rescinded if the background check reveals disqualifying information, and/or it is discovered that the candidate
knowingly withheld or falsified information. Failure to satisfactorily complete the background check may affect the continued employment of a current CSU employee who was conditionally offered the position.

**MANDATED REPORTER:** The person holding this position is considered a ‘mandated reporter’ under the California Child Abuse and Neglect Reporting Act and is required to comply with the requirements set forth in CSU Executive Order 1083 revised July 21, 2017 as a condition of employment.

**ELIGIBILITY TO WORK:** Applicants must provide proof of U.S. citizenship or authorization to work in the United States within three days of the date of hire.

**TITLE IX:** Please view the Notice of Non-Discrimination on the Basis of Gender or Sex and Contact Information for Title IX Coordinator at: [https://www2.calstate.edu/titleix](https://www2.calstate.edu/titleix)

**EEO STATEMENT:** Cal Maritime is an Equal Opportunity, Affirmative Action Employer. The university subscribes to all state and federal regulations and prohibits discrimination based on race, color, religion, national origin, sex, gender identity/gender expression, sexual orientation, marital status, pregnancy, age, disability, genetic information, medical condition, covered veteran status, or any other protected status. Reasonable Accommodations will be provided to applicants with qualifying disabilities who self-disclose by contacting the Benefits Coordinator at (707) 654-1146.