

# Senior Care Services

Are you assisting with the care of an elderly parent or another family member? LifeMatters Senior Care Services can help. Senior Care offers consultation with geriatric professionals regarding any elder care concern, including:

- ▶ A parent's recent forgetfulness
- ▶ Home safety solutions for an elderly relative
- ▶ An older family member's injury or illness
- ▶ A decline in a parent's driving safety
- ▶ Insurance, Social Security, and Medicare questions
- ▶ Housing and care options

Through Senior Care Services, you have access to:

- ▶ **Care Advisory Services:** Support and advice on dealing with the range of services available to elders, including selecting the right health care or housing provider, assessing risk, and creating care action plans.
- ▶ **Care Management Services:** In-home assessments or consultations, facility evaluations, family consultation meetings, and ongoing care management and monitoring.

Senior Care Services offers practical, compassionate assistance with any elder care need.



## How to Access Services

- ▶ Call LifeMatters at **1-800-367-7474** and ask about Senior Care Services.
- ▶ Go to **mylifematters.com** to access services online.

Unlimited telephonic Care Advisory Services and access to online resources are available at no cost to you. You will be notified about how many hours of Care Management Services you receive annually at the time of your call. Additional consultation and any recommended services are your financial responsibility.

Call **LifeMatters®** Senior Care Services toll-free anytime.  
**1-800-367-7474**

Assistance with Life, Work, Family, and Wellbeing • 24/7/365

**mylifematters.com** • Text "Hello" to 61295

Call collect to **262-574-2509** if outside of North America

TDD and language translation services are available

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