

CAL MARITIME				JOB HAZARD ANALYSIS																
ELECTRICIAN				SAFE OPERATING GUIDELINES											2017					
HAZAR			ARD POTEN	POTENTIAL EVALUATION					ERGONOMICS ASSESSMENT											
		⊠Struck By ⊠\			Weather Conditions			⊠Lifting			M	F	⊠Walking	L	M	F	⊠Kneeling	L	М	F
		⊠Struck A	gainst	⊠Ha	Hazardous Substance ⊠Carrying]Carrying		L	М	F	⊠Standing	L	М	F	☐Hearing/Noise	L	М	F
⊠Slip/Trip/Fall			⊠Ele	ctrical H	I Hazards 区Reaching A			bove Shoulder	L	М	F	⊠Sitting	L	М	F	□ Climbing Stairs □	L	М	F	
		⊠Caught I	n/Between	etween 🗵 Obstruction/Confined				⊠Straight Pulling				F ⊠Crawling L M F ⊠Climbing Ladd				L	М	F		
					g 区Equipment Operating			⊠Pulling hand over hand			M	F	⊠Twisting	L	M	F	Simple Grasp	L	M	F
	_ H	HIRAC		1 2 3 4			X	⊠ Dual Grasp		L	М	F	⊠Pushing	L	M	F		L	M	F
							TRAI	NING RE	QUIREMENTS											
GENERAL CAMPUS					DEPARTMENT SPECIFIC						SPECIALTY									
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Cal Maritime	EHS Pocke	t Guide	Emergency Response Gui		Depart	tment	Author	ized Driver	Ergonomics RMI Prevention	Fir		asic /CP	R/AED Marin	ne Pi	ogram	S	T.S. Golden Bear		ntified, mined	

I A O H I A O DO NOT USE ANY EQUIPMENT OR MACHINE UNLESS YOU HAVE RECEIVED INSTRUCTION IN THE SAFE USE AND OPERATION AND HAVE AUTHORIZATION TO USE.

PERSONAL PROTECIVE EQUIPMENT





















Eye Protection	Foot Protection	Hand Protection	Hearing Protection	Body Protection	Head Protection	Respiratory Protection	Fall Protection	Face Shield	OTHER
When exposed to eye or face hazards from flying particles, molten metal, liquid chemicals, acids or caustic liquids, chemical gases or vapors, or potentially injurious light radiation	When working in areas where there is a danger of foot injuries due to falling or rolling objects, or objects piercing the sole, or will protect the affected	When hands are exposed to hazards such as those from skin absorption of harmful substances; severe cuts or lacerations; severe abrasions; punctures; chemical burns	When exposed to a time weighted average noise level of 85 dBA or higher over an 8 hour work shift.	Wear body protection per NFPA 70E classification	Where there is a potential for injury to the head from falling objects and/or when there is a risk of impact to head	May be required if removal of contaminants from the air does not fall below permissible exposure level.	When there is a risk of falling from a height greater than 4ft GSO 6ft CSO 6ft MSO When working in confined space	Wear face shield per NFPA 70E classification Face shield can be used over the glasses if there is a presence of a lot of flying debris.	Additional PPE per Required NFPA 70E classification

(L) Low <2hrs (M) Moderate 2-5hrs (F) Frequent >5hrs per 8-hours Ergonomic

Training

(I) Initial (A) Annual Refresher (O) Occasion/Post Incident (H) Hazard



JOB HAZARD ANALYSIS

	GENERAL CAMPUS SAFE OPERATING PROCEEDURES										
	WORK DUTI	ES	HAZARD POTENTIAL		HAZARD CONTROLS & PROTECTION MEASURES						
1	Use of office equipment		Electrocution, electrical shock, bruising and miscellaneous injuries	Fr Fr	Ensure all electrical equipment is properly grounded. (i.e. three prong electrical plugs) and in proper working order before using. Strictly follow all manufactures precautions and recommendations. DO NOT overload circuits by stringing multiple power strips (also known as daisy chaining)						
2	Using ladders or step-ladders	甩	Ladder collapsing; Slipping and falling from ladder	Fix Fix Fix Fix	Inspect ladder before use. Use ladder at proper height. Make sure the ladder in assembled, locked and on level ground. DO NOT exceed weight limit for ladder. DO NOT stand on the top or top rung of ladder and make sure a co-worker is holding ladder if any higher than a step-ladder.						
3	Work Station		Muscle-skeletal disorders, eye/body strain and fatigue	Pr Pr Pr	Ensure workstation is ergonomically correct for the person using the workstation. Ensure proper lighting so that there isn't a glare in order to prevent eye strain. Review phone placement and accessories so that operator is sitting square and limiting excessive head/neck tilt in order to prevent neck strain						
4	Office Furniture		Falling objects	**	Ensure all doors and drawers are fully secured. Do not overload shelves. Ensure bookcases are seismically strapped/secure to wall to prevent tipping over.						
5	Walking in offices, buildings hallways and stairs	K K	Slips, trips and falls	\$ \$ \$	Ensure all walking and working surfaces have been properly maintained, properly lit, are free of debris and remove potential tripping hazards. Use handrails when using stairs. Note: No opened toed footwear is allowed in food operations Note: No opened toed footwear is allowed on T.S. Golden Bear						
6	Campus Construction Activities	.	Pedestrians knocking over ladders or lights or bumping into worker; pedestrians getting hit with equipment or falling tools, etc.	Fr Fr	Always be aware of surroundings. Stay away from construction zones.						
7	Working outside in Weather		Heat stroke, heat exhaustion, frostbite	P. 8	Dress appropriately for the weather, keep hydrated, and take necessary breaks when needed						
8	Heaving lifting and reaching		Overexertion, strains and sprains	好好好	Use proper lifting techniques, limit duration of repetitive motion. Always know your weight limit, lift with your legs, get help if needed. Use step ladders when lifting objects above shoulder height.						
9	Campus	次久	Personal safety and security	\$ \$ B	Always be aware of your surroundings. Changing weather conditions can increase slip hazards throughout the campus						
10	Operating university vehicles		Motor vehicle accident, striking a pedestrian or bicyclist	Fr Fr Fr	Inspect vehicles before use. Use seat belts. Travel at safe speed for conditions. Stay alert for pedestrians, other vehicles, and objects in travel path.						



JOB HAZARD ANALYSIS

	POSITION SPECIFIC SAFE OPERATING PROCEEDURES									
	WORK DUTIE	S	HAZARD POTENTIAL		HAZARD CONTROLS & PROTECTION MEASURES					
1	Working around electricity		Electric shock; electrocution	**	Shut off power to work area. Use lock-out device to ensure power is not inadvertently switched on. Always test before beginning work to verify that power is off. Remove tools and other metals from body. If you must work with electricity on, wear safety glasses and leather gloves. Have coworker with you in case there is a problem. If work area is wet, clean up standing water before working with electricity; wear rubber boots and gloves.					
2	Equipment Maintenance		Electric shock, parts shooting and striking worker, getting caught in equipment, cuts from sharp edges	Pr Pr Pr	Shut off any power source before working. Insulated tools are required when working on electrical system or equipment Wear appropriate PPE- per Required NFPA 70E classification					
3	Working with Power Tools	<u> </u>	Cuts, abrasive, electric shock, injury form flying debris, tripping over power cords, electrocution	P. P.	Wear goggles and dust musk if applicable. Keep cords away from work area. Keep tools in good condition. Inspect tools before use. Verify that guards are working properly. DO NOT put hand near blades. Make sure you have a good center of gravity and maintain control at all times					
4	Using hand tools	X	Cuts, pinches, smashes, punctures, severing of fingers.	Fig. Fig.	Keep tools in good condition. Inspect tools before use. Wear safety glasses. Work away from yourself. Use normal caution required for all hand tools.					
5	Changing light bulbs and glass lenses of light fixtures		Getting cut on glass or sharp edges.	\$	Handle with caution. Wear gloves.					
6	Working on roofs		Slipping and falling, high winds, getting stranded on roof if working alone	P. P.	Review fall protection requirements. Walk carefully not too close to the edge. If possible avoid working on really windy or wet/icy days. Keep doors propped open with a 2-way radio.					
7	Using scaffolding		Scaffolding collapsing, slipping/falling from scaffolding	A.	Inspect before use. Ensure unit is assembled correctly. Ensure wheels, if applicable, are locked. Ensure footing are secured. Ensure planks are secured and pulled up or missing.					
8	Using ladders or step-ladders	料	Ladder collapsing; Slipping and falling from ladder	**	Inspect ladder before use. Use ladder at proper height. Make sure the ladder in assembled, locked and on level ground. DO NOT exceed weight limit for ladder. DO NOT stand on the top or top rung of ladder and make sure a co-worker is holding ladder if any higher than a step-ladder.					
9	Working in mechanical rooms		Explosions from gas lines; burns from steam, hot water lines; slipping on water or oil; tripping over materials being stored; loud noise	¥.	Be aware of odors and evacuate if you smell gas. Be aware of your surroundings. Clean up and standing liquid on floor, walk carefully, wear earplugs as needed or required when noise exceeds PEL 85dBA/8hr.					



JOB HAZARD ANALYSIS

10	Working in confined space		Lack of oxygen or exposure to toxic or flammable gases					Obtain confined space per	d area, verify that is safe to enter by performing air monitoring. mit as required. While working always ventilate area using fan and ave at least one person outside confined space to monitor safety ired work.				
11	Working in high-voltage switch gear rooms.		Electrocution					Use hot sticks and growler insulated gloves. DO NOT	Use tag-out and lock-out procedures to turn off electricity. Check tester on known circuit. Use hot sticks and growlers to verify that electricity is off. If working on something live, wear insulated gloves. DO NOT wear keys, rings, watches, or other jewelry				
12	Working in area of pedestrian traffic.	.	Pedestrians knocking over ladders or lights or bumping into worker; pedestrians getting hit with equipment or falling tools, etc.					Always be aware of surroundings					
13	May work with materials containing asbestos Could cause possible health issues if inhaled or ingested				1	*		ontaining asbestos unless properly trained. Always use trol methods and wear designated PPE					
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						<i>#</i>							
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	CORE		REQUIREMENTS						ADDITIONAL NOTES				
		Fall Protection		1	Α	0 1							
		Elevated Work		<u> </u>	Α		<u>.</u>						
		Personal Protection Equipment Hand & Power Tool			A	0 1							
			ockout/Tagout (LOTO)			0 1							
		Hazard Comm	<u> </u>		A	0 1							
		Fire Extinguish		.	Α	0 1							
		Basic First Aid		Re		nended							
		IF CONDITION	S CHANGE: STOP W	ORK	IMI	1EDIA	TELY-	REVIEW WITH SUPERVISOR-	DOCUMENT HAZARD-REVIEW WITH SRM				
		IERGENCY RES							HOUSEKEEPING & SECURITY				
1	First Aid Kit	Located in buildings 1				1		the work area/site Clean?	Ensure work area is clean daily and that any hazardous materials are properly disposed of daily				
2	AED Located in all main buildings 2				2	ls t	the work area/site Secure?	Ensure lights are turned off and building is locked upon exiting work for the day.					
3	Emergency phone		olice- 707-654-111			3							
4	4 Evacuation TBD based on Facility & Emergency 3												
F	REMINDER: IMMED	DIATELY REPOR	RT ALL INCIDENTS, I	REGA	ARDL	ESS O	SEVI	ERITY, TO YOUR SUPERVISOR	R AND THE DEPARTMENT OF SAFETY & RISK MANAGEMENT.				