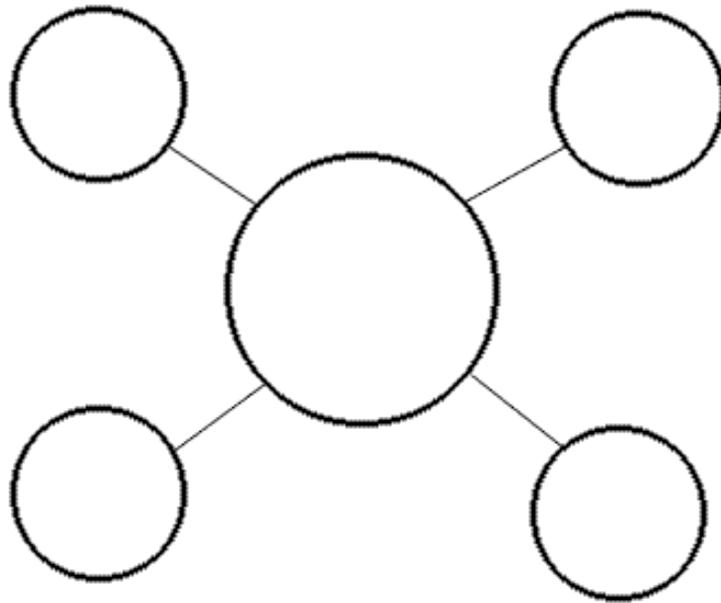


Circles of My Multicultural Self-Handout

This activity highlights the multiple dimensions of our identities. It addresses the importance of individuals self-defining their identities and challenging stereotypes.

Directions:

Place your name in the center circle of the structure below. Write an important aspect of your identity in each of the satellite circles -- an identifier or descriptor that you feel is important in defining you. This can include anything: Asian American, female, mother, athlete, educator, brother, Christian, scientist, or any descriptor with which you identify.



1. Share a story about a time you were especially **proud** to identify yourself with one of the descriptors you used above.
2. Share a story about a time it was especially **painful** to be identified with one of your identifiers or descriptors.
3. Name a stereotype associated with one of the groups with which you identify that is not consistent with who you are.

Fill in the following sentence:

I am (a/an) _____ but I am NOT (a/an) _____.