JED Campus Team Meeting

4-4-2023

9-10am Compass Room 3

Members: Ian, Angeli, Amanda, Ambria, Amanda, Sophia, Andres, Meagan, Krystal, Katie, Marie, Kathleen, Vineeta

1. Welcome
2. Introductions
   1. Invited guests
      1. New PHEs – Andres (Andy), Oceanography; Sophia, MET
         1. Brief review of plans and intentions for health and mental health in the next year for the PHEs.
      2. Meagan Nance – Director of Inclusion Initiatives and EOP, Former Foster Youth campus support
   2. Brief intros of JED Team members
3. Discussion – Future Directions for our JED Campus Team and community mental health
   1. JED Campus Executive Summary
      1. Sections
         1. Strategic Planning
            1. HMS to inform strategic planning

Presentations to stakeholders planned for the fall and the executive summary will be made public

* + - * 1. DEI Council and others to consult with JED team for development of focus groups and climate survey

Different groups (e.g., exiting seniors), as well as faculty, staff, students

How to utilize the results was asked

* + - * 1. PHEs to assist with disseminating survey results
        2. Health Educator and Keelhauler Fit

Educational programs about fitness (physical and mental)

Partnering with other groups (campus-wide implementation)

* + - * 1. Academic focus and specifically tutoring for partnership

Time management and reduce negative impacts of poor time management (cascade of effects)

Tutors joining cadet-leaders for summer, pre-fall training

* + - * 1. Affinity groups for faculty and staff in discussion, for support and connection

Promotion from campus partners

* + - * 1. Leadership transition

Communication about JED mental health efforts planned with new VP

Involve faculty and faculty senate

Cadet Experience and Inclusive Excellence groups under the campus Strategic Plan

Partnership with JED strategic plan

Events such as Community Day (in practice, spirit, etc.)

Positive effects – mood, rejuvenating,

Replicate during O-week, welcome back community day (past related events have been less successful, but building off of Community Day momentum could be helpful)

* + - 1. Develop Life Skills
         1. Student leader training

Examples proposed: Distress tolerance, “adulting” (e.g., taxes, time management, how to make phone calls and emails for requests, laundry), emotional IQ

* + - * 1. Concerns about too much at O-week
        2. Knowing when best to offer

Housing, Corps of Cadets

Other academies have a position in the Corps that is similar to a PHE

Position representation matters

CARE team among cadets as an alternative model for support, rather than a single position or integration throughout

Concern for cadet wellbeing if in a position to provide paracounseling

Toolkit for cadet-leaders, similar to that for faculty, was suggested

* + - 1. Promote Social Connectedness
         1. Transfer students and challenges integrating to campus and with others

Organize events for transfer and new students based on shared interests and identities.

E.g., club fair but sooner in semester

* + - * 1. Social media emphasis for PHEs, (e.g., at each event and promotional activity, Sex in the Dark program and with incentives)
      1. Additional Considerations
         1. Important to have a group on campus focused on mental health and wellbeing, whether JED or another formation

Cross sectional representation on this group, among student groups, faculty, and staff

* + - * 1. Medical amnesty policy promotion

E.g., orientation, trainings, social media, formation

Single communication hub versus multiple outlets

* + - 1. Areas of the strategic plan not discussed during the meeting
         1. Identify Students at Risk
         2. Increase Help-Seeking Behavior
         3. Provide Mental Health and Substance Use Services
         4. Follow Crisis Management Procedures
         5. Restrict Access to Lethal Means