JED Campus Team Meeting 8/30/22, Compass Room #1

Attendees: Ian, Marie, Grace, Angeli, Emily, Tamara, Katie, Krystal, Kathleen, Lennon, Jeff, Maddie

Check-In

* Keelhauler FIT is under development, workshops, sports psychology, nutrition, fun runs, (opportunities for student led courses) – Jeff/Athletics working on that
* Adjustments to orientation showing healthier signs of development
	+ Some areas like roommate conflicts being seen, support for areas such as conflict management and personal management is very helpful.
* Faculty report back on the state of campus climate (Tamara presenting to faculty in this area)
	+ Value to get in front of Faculty senate
		- **Following the meeting Tamara sent a request to present at a faculty senate meeting.**

Subgroup Share Outs:

* Policy –
	+ taking medical leave policy to provost and senate; TSGB leave rules; cannot do “mandatory leave” policy; Parental/Emergency notification policy is next to be created
	+ Consideration for navigating mental health potential removals from cruise and how those cadets return to campus (are there steps we can take about they can be brought back)
	+ Consideration for how company billet pairings with each cadet and what support and resources they provide (incorporate career services)
* Training and Response
	+ Formalize process of student of concern;
	+ Presentations to faculty and staff - potentially offer more open trainings on these areas
	+ CSU Mental Health First Aid training made available (3 year renewable)
		- **Ian to offer MHFA as well, likely in January**
	+ Opportunity towards the end of this process is to investigate if a Cal Maritime specific onboarding modules can be provided related to mental health and responding to students of concern
* CAPS and Student Health
	+ PD protocol / health center staff to train on Opioid response
	+ Incorporate the JED work on reporting and skills
		- 36 Questions on connectivity and bonding
	+ Revision and revamping of the online system for electronic health records (make it smoother on the backend)
	+ Orientation presentation by Peer Health Educators on harm reduction
	+ Confidential Advocate: fliers ready on community connect – attempt to accommodate for mass opportunity for cadets
		- Workshop series being developed based on gender socialization, gender norms, and other related topics
* Social Connectedness
	+ Support and transition – education of families on mental health and substance abuse; value for parents during orientation to get some face time, add content to the parent folder
	+ Utilizing Family weekend as an opportunity to further educate families (a session and pamphlets)
* AOD
	+ Education w/ competitive alcohol-related trivia game or competition – active engagement w/ concepts of alcohol and drugs
	+ RHO 1 to 1 – potential referrals, promotion of upcoming mental health opportunities
	+ Conversations on Mental Health
		- Getting candid and honest conversations about alcohol and mental health
	+ Gap in mental health support following “Maker Space” transition