JED Campus Team Meeting

3-7-2023

9-10am Compass Room 3

Members: Ian, Grace, Krystal, Lennon, Katie, Marie

1. Welcome
   1. Spring break shift in pace of work and priorities, less than 100 students on campus, SHS/CAPS have some scheduled appointments, storms later this week may impact return to campus, USCG make up exams happening this week.
2. Healthy Minds Study (HMS)
   1. Review
      1. Overview of announcements, events, flyers, and other promotional efforts; weekly basis
      2. Survey success evident compared to past challenges with surveys
         1. Including over 25% completing the survey and over 20% with full data
      3. Overview of demographic data
         1. Starting point of data analysis seems to be representative of the student population
            1. Possible reflection of broad outreach
   2. Discussion
      1. Promotional efforts may be a model for survey administration
         1. Planned, intentional and successful
   3. Next steps
      1. Raw data and emails for incentives to be shared in the next week
      2. Ian to make formation announcement about the HMS results and also about picking up incentives at the SHC (date TBA in 1-2 weeks).
      3. Executive summary to be shared this summer.
      4. Analysis by demographics will be important and helpful for programming
      5. Related to DEI work, at the group level
         1. Ex: Black student experience in engineering v GSMA
         2. DEI council looking to conduct research/survey that could corroborate or complement HMS
      6. High response rate likely indicates student care for the survey, along with expecting results (e.g., presentation, exec summary, etc).
         1. Ian to lead data sharing campaign with students and call on JED Team members and others
         2. Overcommunicating to students was suggested as a way to respond to their expectations after committing time to the survey
      7. Shout out to the PHEs for promo efforts
3. Review – Campus climate check in
   1. High stress leading up to spring break. Interested to see returning mood/motivation (e.g., students on probation)
      1. Check in with professors and other ways to maintain or restart academic momentum
   2. Mental health impacted by grief and loss, affecting academic factors such as motivation and focus
      1. Reduced intake appointments in past weeks at CAPS
         1. Possible saturation of clients seen already this AY
         2. Campus-wide support across campus for mental health needs, including destigmatizing access to CAPS in recent semesters, may be an influence
      2. Possible increase in next weeks due to upcoming housing notice to students
   3. CommUnity Day had a positive effect on collective mood
   4. Engineering faculty went above and beyond to support student wellbeing following loss of fellow cadets
      1. Ex: being present at the hospital with students
   5. Students supporting each other
      1. Possible delayed grief or effects from down time during spring break.
      2. Graduation as an expected challenging moment
      3. Seniors on a victory lap as target population for support
         1. CAPS cruise counselors and others in a position of support on the TSGB (Malinda)
   6. Progress and setbacks observation
      1. Steps forward and back, punch-counterpunch (e.g., community day, then road sign). Mutual aid following cadets loss, followed by recent lawsuit article.
      2. Effects include disappointment, not feeling the victories. Positive effects aren’t lasting due to being muted or tamped down by attitude or other news
         1. Gossip among students is often a reflection of the helplessness and doom/gloom attitude.
      3. Need for a narrative or momentum to overcome the doom that leads to setbacks and demoralized attitudes. Need for hope. How do we share the wins?
         1. Faculty play a strong part in constructing a narrative among students, whether toward doom or hope.
            1. Rainbow against the dark sky yesterday shared as symbolic of this tension.
4. Announcement – Post JED Campus Executive Summary (see attached)
5. Discussion – Future Directions for our JED Campus Team
   1. Tabled to next meeting
      1. Please read the Executive Summary for thoughts about how best to move forward with campus-wide mental health support.